



## Black Teas

### Irish Breakfast

A blend of teas from Assam, Nilgiri (South India), and Africa, this is an extra robust breakfast blend. *Loose leaf tea available for sale.*

### TeaSource Darjeeling

A smooth, elegant, and light Darjeeling. Darjeelings are known as “the champagne of teas” and will offer a brighter cup than the Irish Breakfast or Assam.

### Earl Grey

A classic black tea! A blend of fine, organically grown Ceylon with oil of bergamot, which brews up slightly sweet and floral. *Loose leaf tea available for sale.*

### Dark Rose

A full-bodied dark tea from the Hunan province of China which steeps up smooth, slightly sweet, and floral. Dark teas naturally contain probiotics and important minerals.

### TeaSource Gold (also available as ICED TEA)

Black Chinese teas combined with orange blossoms and elderberry – fruity and aromatic.

### Breakfast Assam

A hearty, clean, malty tasting breakfast tea. This tea is also the base of our chai.

## Green Teas

### Clouds and Mist

A fresh tea with good vital signs. The cup is crisp without biting and has a cucumber-like sweetness. A floral quality lingers like humidity in the air.

### Lemon Ginger Green

This is a refreshing, bracing, and slightly sweet blend of light green tea with ginger, lemon, lemongrass. Fabulous! *Loose leaf tea available for sale.*

### Jasmine

Green tea blended with freshly picked jasmine blossoms. It brews up with a lovely floral aroma, and feels sweet and silky. Good for multiple infusions.

### Matcha

Powdered green tea offers a rich, ceremonial, umami taste (can be steamed with milk or added to our smoothies)

(more options on the other side!)

## White Teas

### White Peony

More full-bodied than most white teas, and with a sweet, fresh earthiness. Infuse for 30-60 seconds at a time.

## Oolong Teas

### Brandy Oolong

This is a medium to strong bodied oolong that steeps up with a shimmering golden hue and a phenomenal floral/stone fruit aroma. It is silky and sweet, with a hint of honey.

## Herbals/Caffeine Free

### Evening in Missoula

An herbal blend featuring chamomile, mint, hints of fruit, and warm spices. Fabulous. *Loose leaf tea available for sale.*

### Red Berries (also available as ICED TEA blended with Hibiscus)

A very fruity and sweet tea made with apples, elderberries, rosehips, blackberries, raspberries, hibiscus, and sour cherries. Kid friendly! *Loose leaf tea available for sale.*

### Lemon Sunset

A rooibos (red tea) with a citrusy lemon aroma and flavor. A great caffeine-free wake-up!

### Margaret's Soother

Comforting, relaxing, and delicious – an antidote to stressful times or lingering colds. Bright and minty, with rich undertones of licorice and clove.

### Vanilla Thrilla

Another rooibos (red tea) full of antioxidants and some sweetness from the vanilla. The character of this tea is smooth, rich, indulgent, and sweet.

### Juicy Ginger Maté

A medium bodied tea blending green maté, roasted maté, ginger, lemongrass, and lemon. It brews up slightly sweet and pleasantly citrusy. Maté has compounds similar to caffeine – an invigorating, bracing cup!

### Sweet Cinnamon Orange Spice

A full bodied, spicy-sweet blend - this is the best antidote to cold days. Contains rooibos, cinnamon, orange peel, and clove. *(formerly Montana Gold) Loose leaf tea available for sale.*

Visit the Tea Source, our local experts in all things tea-related, in St. Anthony Village, St. Paul's Highland Park, Eden Prairie, or at [www.teasource.com](http://www.teasource.com).

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